

## Support Groups

### **Alzheimer's Support Group- (*In-Person*)**

Ellicott City 50+ Center  
9401 Frederick Road, Ellicott City, 21042  
2<sup>nd</sup> Thursday of every month  
6:30 PM- 8:00 PM  
Contact Kathy Wehr @ 410-313-5955

### **Early-Stage Group for Care Partners and people with Memory Loss- (*In-Person*)**

Ellicott City 50+ Center  
9401 Frederick Road, Ellicott City, 21042  
2<sup>nd</sup> Thursday of every month  
**6:30 PM- 8:00 PM**  
**\*Pre-screening required**  
Call: Kathy Wehr @ 410-313-5955 or email: [KWehr@howardcountymd.gov](mailto:KWehr@howardcountymd.gov)

### **Memory Café Early-stage Social Engagement Program- (*In-Person*)**

East Columbia 50+ Center Multipurpose Room  
6610 Cradlerock Way, Columbia, MD 21045  
**1<sup>st</sup> Wednesday of every month**  
**6:30 PM- 7:30 PM**  
**\*RSVP required**  
Call Kathy Wehr @ 410-313-5955 or email: [KWehr@howardcountymd.gov](mailto:KWehr@howardcountymd.gov)

### **Non-Disease Specific Support Groups**

#### **Caregiver Support Group- (*Virtual*)**

3<sup>rd</sup> Monday of every month (except holidays)  
7:00 PM- 8:30 PM  
Contact Karen Hull @ 410-313-7466 or email: [KHull@howardcountymd.gov](mailto:KHull@howardcountymd.gov)

#### **Korean Caregiver Support Group- (*Virtual*)**

2<sup>nd</sup> Wednesday of every month  
6:30 PM- 8:00 PM  
Call: MJ Engle @ 410-313-6538 or email: [MEngle@howardcountymd.gov](mailto:MEngle@howardcountymd.gov)

#### **Winter Growth Caregiver Support Group (*Virtual*)**

\*Different topics each week  
Last Thursday of each month.  
11:00am-12:00pm  
Email: [bailey.clum@wintergrowthinc.org](mailto:bailey.clum@wintergrowthinc.org)